



308 Mondays to Fridays																			
Clapton Park Millfields Road	0539	0559	0619	0638	0652	0707	0721	0735	0750			0850	0906	0922	0938	0953		1408	
Homerton Hospital Homerton Grove	0545	0605	0625	0644	0658	0713	0727	0741	0757			0857	0913	0929	0944	0959		1414	
Temple Mills Eastway	0550	0610	0630	0649	0703	0719	0734	0748	0804	Then every 15 minutes until		0904	0919	0935	0950	1005	Then	1420	
Leyton Station	0553	0613	0634	0653	0707	0723	0739	0754	0810			0910	0925	0941	0955	1009	every	1424	
Stratford The Grove	0602	0622	0643	0702	0716	0732	0749	0805	0821			0921	0936	0952	1005	1019	15	1434	
Romford Road Water Lane	0605	0625	0646	0705	0719	0735	0752	0808	0824			0924	0939	0955	1008	1022	mins.	1437	
Forest Gate Station	0610	0630	0651	0711	0725	0742	0759	0816	0832			0932	0947	1003	1016	1030	until	1445	
Dames Road Wanstead Flats	0613	0633	0654	0714	0728	0745	0803	0820	0836			0936	0951	1007	1020	1034		1449	
Wanstead Station Woodbine Place	0619	0639	0701	0721	0736	0753	0811	0828	0844			0944	0959	1015	1028	1042		1457	
Clapton Park Millfields Road	1423	1436	1450	1502	1514	1528	1542	1556	1610	1624	1638	1652	1706	1721	1736	1751	1806	1821	
Homerton Hospital Homerton Grove	1429	1442	1456	1508	1520	1534	1548	1602	1616	1630	1645	1659	1713	1728	1743	1758	1813	1828	
Temple Mills Eastway	1435	1448	1502	1514	1526	1540	1554	1608	1622	1637	1652	1707	1721	1736	1751	1806	1821	1836	
Leyton Station	1439	1453	1508	1521	1533	1547	1601	1615	1629	1644	1658	1712	1726	1741	1756	1811	1826	1841	
Stratford The Grove	1450	1504	1519	1532	1544	1558	1612	1626	1640	1655	1709	1723	1737	1752	1807	1822	1837	1851	
Romford Road Water Lane	1453	1507	1522	1535	1547	1602	1616	1630	1644	1659	1713	1727	1741	1756	1811	1826	1841	1855	
Forest Gate Station	1501	1515	1530	1543	1555	1610	1624	1639	1653	1708	1722	1736	1750	1805	1820	1835	1850	1903	
Dames Road Wanstead Flats	1505	1519	1534	1547	1600	1615	1629	1644	1658	1713	1727	1741	1755	1810	1825	1840	1855	1908	
Wanstead Station Woodbine Place	1513	1527	1542	1556	1609	1624	1638	1653	1708	1723	1737	1751	1805	1820	1835	1849	1904	1916	
Clapton Park Millfields Road	1836	1851	1911	1941	2012	2042	2112	2142	2212	2241	2310								
Homerton Hospital Homerton Grove	1843	1858	1917	1947	2018	2048	2118	2148	2218	2247	2316								
Temple Mills Eastway	1851	1905	1924	1953	2023	2053	2123	2153	2223	2252	2321								
Leyton Station	1855	1909	1927	1956	2026	2056	2126	2156	2226	2255	2324								
Stratford The Grove	1905	1919	1937	2006	2036	2106	2135	2205	2235	2304	2333								
Romford Road Water Lane	1908	1922	1940	2009	2039	2109	2138	2208	2238	2307	2336								
Forest Gate Station	1916	1929	1947	2015	2045	2115	2144	2214	2244	2313	2342								
Dames Road Wanstead Flats	1921	1934	1951	2019	2048	2118	2147	2217	2247	2316	2345								
Wanstead Station Woodbine Place	1929	1942	1959	2026	2054	2124	2153	2223	2253	2322	2351								
308 Saturdays (also Good Friday)																			
Clapton Park Millfields Road	0539	0609	0639	0709	0739	0809	0828	0848	0907	0921	0935	0948			1703	1719	1735	1751	
Homerton Hospital Homerton Grove	0545	0615	0645	0715	0745	0815	0834	0854	0913	0928	0942	0955			1710	1726	1742	1758	
Temple Mills Eastway	0550	0620	0650	0720	0750	0820	0839	0859	0918	0933	0947	1001	Then every 15 minutes until		1716	1732	1748	1804	
Leyton Station	0553	0623	0653	0723	0753	0823	0842	0902	0921	0936	0951	1005			1720	1736	1752	1808	
Stratford The Grove	0602	0632	0703	0733	0803	0833	0852	0912	0931	0946	1002	1017			1732	1748	1803	1818	
Romford Road Water Lane	0605	0635	0706	0736	0806	0836	0855	0915	0935	0950	1006	1021			1736	1752	1807	1821	
Forest Gate Station	0610	0640	0711	0741	0812	0842	0902	0922	0942	0957	1013	1029			1744	1800	1814	1828	
Dames Road Wanstead Flats	0613	0643	0714	0744	0815	0845	0905	0926	0946	1001	1017	1033			1748	1804	1818	1832	
Wanstead Station Woodbine Place	0619	0649	0720	0750	0821	0852	0912	0933	0953	1008	1025	1041			1756	1811	1825	1839	
Clapton Park Millfields Road	1807	1823	1839	1910	1940	2012	2042	2112	2142	2212	2241	2310							
Homerton Hospital Homerton Grove	1814	1830	1846	1917	1946	2018	2048	2118	2148	2218	2247	2316							
Temple Mills Eastway	1820	1835	1851	1922	1951	2023	2053	2123	2153	2223	2252	2321							
Leyton Station	1824	1839	1855	1926	1954	2026	2056	2126	2156	2226	2255	2324							
Stratford The Grove	1834	1849	1905	1936	2004	2036	2106	2135	2205	2235	2304	2333							
Romford Road Water Lane	1837	1852	1908	1939	2007	2039	2109	2138	2208	2238	2307	2336							
Forest Gate Station	1844	1859	1914	1945	2013	2045	2115	2144	2214	2244	2313	2342							
Dames Road Wanstead Flats	1848	1903	1918	1948	2016	2048	2118	2147	2217	2247	2316	2345							
Wanstead Station Woodbine Place	1854	1909	1924	1954	2022	2054	2124	2153	2223	2253	2322	2351							
308 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																			
Clapton Park Millfields Road	0717	0747	0817	0847	0915	0943	1012	1041	1109	1138			1438	1508	1538	1608	1639	1710	
Homerton Hospital Homerton Grove	0723	0753	0823	0853	0921	0949	1018	1048	1116	1145			1445	1515	1545	1615	1646	1717	
Temple Mills Eastway	0728	0758	0828	0858	0926	0955	1025	1055	1123	1152	Then every 30 minutes until		1452	1521	1551	1621	1652	1723	
Leyton Station	0731	0801	0831	0901	0929	0959	1030	1100	1128	1157			1457	1525	1555	1625	1656	1727	
Stratford The Grove	0740	0810	0841	0912	0938	1009	1040	1110	1138	1207			1507	1535	1605	1635	1706	1736	
Romford Road Water Lane	0743	0813	0844	0915	0941	1012	1044	1114	1142	1211			1511	1539	1609	1639	1710	1740	
Forest Gate Station	0748	0818	0849	0920	0947	1018	1050	1120	1149	1218			1518	1546	1616	1646	1717	1747	
Dames Road Wanstead Flats	0751	0821	0852	0923	0950	1022	1054	1124	1153	1222			1522	1550	1620	1650	1721	1751	
Wanstead Station Woodbine Place	0757	0827	0858	0929	0956	1028	1100	1130	1159	1229			1529	1557	1627	1657	1728	1757	
Clapton Park Millfields Road	1740	1810	1840	1910									2310						
Homerton Hospital Homerton Grove	1747	1817	1847	1916									2316						
Temple Mills Eastway	1753	1823	1852	1921	Then every 30 minutes until								2321						
Leyton Station	1757	1827	1856	1924										2324					
Stratford The Grove	1806	1836	1905	1933										2333					
Romford Road Water Lane	1810	1840	1908	1936										2336					
Forest Gate Station	1817	1846	1914	1942										2342					
Dames Road Wanstead Flats	1820	1849	1917	1945										2345					
Wanstead Station Woodbine Place	1826	1855	1923	1951										2351					